BULLDOG CHEERLEADING TRYOUTS

Spring Tryout: April 25, 2015  8:00am  Warren Bldg. (gym)
Fall Tryout: August 22, 2015  8:00am  Warren Bldg. (gym)

Blue and White Teams: Each team to consist of 12-16 cheerleaders

Sideline: Perform one sideline during your tryout. Sideline will be taught before tryout.
- Sideline should be executed in a collegiate manner, excessive facials; arm waiving and wide motions are not encouraged. Run or tumble out and do a traditional PCC sideline. Judges are looking for energy, enthusiasm, and your ability to lead a crowd and look confident.

Dance: Perform a dance with is taught the day of tryouts

Stunting:
- Extension/cradle
- One leg stunts/cradle
- Optional stunt – one leg

Tumbling
- Optional – but highly encouraged to be on the Blue team.

Jumps:
- Blue Team: Toe Touch, Pike, Herkey, Side Hurdler
- White Team: Herkey, Side Hurdler

Please make sure you DO NOT wear another university, all-star, or high school clothing while trying out for the PCC Cheerleading Squad. Other than PCC-related apparel, your practice clothes should be completely neutral of any school or gym affiliation. You will be judged on appearance so consider clothing that is appropriate. Absolutely no jewelry, hair should be half up. Contact lkmlowe@aol.com for more information or questions

You will need to bring proof of medical insurance including the policy number